

**Advocate Illinois Masonic Medical Center
Behavioral Health Services**

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**Advocate Health Illinois Masonic Medical Center,
Behavioral Health Services (Advocate IMMC BHS)**

is recruiting for ONE postdoctoral fellow to receive comprehensive generalist training in the provision of outpatient direct clinical service within a community mental health facility affiliated with a large hospital organization. The fellow conducts a range of therapeutic services with community members across the lifespan through individual, family, couple, and group therapy modalities. While the primary responsibilities are based in the outpatient Advocate IMMC BHS clinic, the large multidisciplinary setting allows the fellow to gain exposure to the full spectrum of medical and behavioral health presentations and to develop high-level interdisciplinary consultation skills including collaboration with psychiatrists, physicians, and crisis team members.

The Advocate IMMC BHS training program utilizes a practitioner-scholar training model entailing scholarly inquiry, psychological science, and clinical practice. Fellows are expected to systematically apply relevant literature and research to their clinical work. The diverse community population served by Advocate IMMC BHS allows fellows the opportunity to implement a variety of empirically supported treatments, including, but not limited to, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, Trauma-Focused CBT, Prolonged Exposure, Solution-Focused Brief Therapy, Emotion-Focused Therapy for Couples, Psychodynamic Theory, and Family Systems Theories.

Clinical skills and professional development are guided by research through formal teaching and seminars, individual mentoring, and clinical supervision. Advocate IMMC BHS's competency-based approach to supervision enables development to occur in a sequential, cumulative, and graded manner that best fits their individual abilities and goals.

Core Components of the Postdoctoral Fellow Training Year

- **Direct service:** The postdoctoral fellow's primary responsibility is the provision of outpatient therapy services. This includes individual, couple, and family therapy through evidence-based practices within a short-term treatment framework. Clinical and professional support is provided through weekly individual supervision from a licensed

clinical psychologist; group seminars; and small group consultation with other clinical team members. Additional direct service experiences may include any of the following:

- Co-facilitating group therapy: Advocate IMMC BHS offers a wide range of group therapy services ranging from long-term support for individuals presenting with chronic mental health concerns, process-based groups, and short-term psycho-educational and skills groups. Fellows are required to co-facilitate at least one group.
 - Crisis Interventions/Risk Management: Advocate IMMC BHS serves a diverse community population presenting with a multitude of mental health challenges, including severe symptomology. As such, postdoctoral fellows are expected to utilize crisis interventions and referrals to other support services, as needed, to assist patients in stabilizing their functioning and preventing harm to self or others.
 - Case Management/Consultation: Postdoctoral fellows are expected to facilitate patients' access to natural support and community-based resources through case management strategies and consultation with other providers and community organizations.
 - Approximately 60% of the postdoctoral fellow's schedule is dedicated to direct patient care services.
- **Supervision of Externs**: Postdoctoral fellows will provide supervision to at least two doctoral-level practicum students via individual and/or group supervision. Fellows will participate in a weekly "Supervision of Supervision" seminar to receive support through didactics and consultation. This seminar is jointly led by the Advocate IMMC BHS training director and an Advocate IMMC BHS licensed psychologist to allow for exposure to different supervisory styles.
- **Specialty Clinical Training**: Postdoctoral fellows may participate in specialty clinical training opportunities, including:
- *OB/GYN* - focused on Women's-health issues, including pregnancy and loss, in collaboration with an outpatient medical clinic.
 - *Emergency Department/Consult Liaison* – focused on crisis assessment and stabilization within a level 1 trauma center and hospital setting.
- **Leadership**: Advocate IMMC BHS aims to foster the development of future psychologists learning the multiple aspects of professional roles, including administration and leadership. Postdoctoral Fellow will co-lead the Professional Development Seminar and Multicultural/Diversity Seminar for the Clinical Psychology interns. Additionally, the fellow will present on topics for the practicum students' Didactic Seminar and



participate in recruitment and onboarding process for clinical psychology practicum student and interns. The postdoctoral fellow and Advocate IMMC BHS Training Director may collaboratively identify other administration/leadership opportunities throughout the year that fit the fellow's career interests and goals.

Training Year Specifics

The Postdoctoral Fellow Training year will start in September, 2025 and end in August, 2026. The stipend is \$58,240.

Advocate IMMC BHS Postdoctoral Fellows are hired as employees of Advocate Aurora Healthcare and have access to team member benefits consisting of health insurance with medical, dental, and vision benefits, accrual of paid time off, short- and long-term disability, and a 401K program with employer matching.

Eligibility: Applicants from APA- or CPA-accredited programs in clinical or counseling psychology will be considered for the position. Preference is provided to those applicants with outpatient therapy experience and an interest in working in a community mental health clinic. Completion of an APA-accredited internship and all requirements for graduation/conferment of doctoral degree prior to the start date is required.

Application Process: The Advocate IMMC BHS training program adheres to the APPIC Postdoctoral Selection Standards and Common Hold Date; therefore, our program will aim to complete all interviews by February 3, 2025, and communicate offers up to and on the CHD, February 24, 2025.

Interested applicants should email a cover letter, curriculum vitae, and two letters of recommendation to the Advocate IMMC BHS Training Director, Cody Schraft, PhD, at cody.schraft@aah.org. Letters of recommendation should be from previous supervisors and/or training directors who can attest to your clinical experience and competencies.

The deadline for applications is January 3, 2025.

Applications will be reviewed on a rolling basis and offers for interviews will be communicated via email from the Advocate IMMC BHS Training Director. Interviews will be virtual and occur during the month of January. Applicants will meet individually with the Advocate IMMC BHS training director, an Advocate IMMC BHS clinical supervisor, and the current Advocate IMMC BHS postdoctoral fellow.



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For more information about Advocate Illinois Masonic Medical Center, and Behavioral Health Services, please visit our website: <https://www.advocatehealth.com/immc/health-services/behavioral-health-care/>.

Contact Advocate IMMC BHS's Training Director, Cody Schraft, Ph.D., at cody.schraft@aah.org with questions about the Advocate IMMC BHS postdoctoral fellowship position and/or application process.