

FREQUENTLY ASKED QUESTIONS

When can I make an appointment?

Appointments are available Monday through Friday with some availability in the evening.

Will there be any blood testing and do I need to fast before the appointment?

It depends on what the doctor determines during the visit. Fasting is usually not required.

Where are labs drawn?

Most labs can be drawn at the Center for Advanced Care at 1700 Luther Lane – steps away from the Adult Down Syndrome Center.

What do I need to bring to the appointment?

- Current insurance cards
- Photo ID if available
- Completed/updated ADSC Health Questionnaire and consent forms
- Your co-pay if one is required by your insurance
- Medical records/lab results from other providers which may have been done since the patient's last visit at the Center, i.e., ER reports, optometrist reports.

Where can x-rays be done?

X-rays can be done at the Center for Advanced Care or any medical site that can take the order and do them.

Does the clinic treat mental health problems?

Yes. Our multidisciplinary team is available to diagnose and treat mental health issues.

Does the Adult Down Syndrome Center provide information regarding agencies and programs and support?

Yes. We have two advocacy/outreach specialists on staff.

Can my questions regarding nutrition and diet be addressed?

Yes. Our team includes a registered dietitian who is available for consultation.

ADDITIONAL RESOURCES

The Adult Down Syndrome Center website, Facebook page, and monthly newsletter contain information about a variety of health topics related to Down syndrome, ADSC news, and upcoming events.

Website: <https://www.advocatehealth.com/health-services/adult-down-syndrome-center/>

Facebook: <https://www.facebook.com/adultdownsyndromecenter>

Newsletter: <http://eepurl.com/c7uV1v>

Our front desk staff is available to answer any additional questions (847-318-2303).