

Community Health Needs Assessment Implementation Plan 2017-2019

Advocate Good Samaritan Hospital

Date Created: May 2017

Date Reviewed/Updated:

PRIORITY AREA: Mental Health

GOAL: Improve the mental health of the population in the hospital's primary service area (PSA).

LONG TERM INDICATORS OF IMPACT

	Baseline Value, Date and Source	Frequency
1. Decrease the rate of emergency room (ER) visits due to adolescent suicide and intentional self-inflicted injury in Good Samaritan Hospital's PSA	65.9 per 10,000, Healthy Communities Institute (HCI), Illinois Hospital Association (IHA), COMPdata, 2015	Annual
2. Decrease the overall rate of ER visits due to mental health in Good Samaritan Hospital's PSA	61.1 per 10,000, HCI, IHA, COMPdata, 2015	Annual
3. Decrease the rate of adult (18+) ER visits due to suicide and intentional self-inflicted injury in Good Samaritan Hospital's PSA	20 per 10,000, HCI, IHA, COMPdata, 2015	Annual

STRATEGY #1: Partner with National Alliance on Mental Illness (NAMI DuPage) to implement the Ending the Silence (ETS) program in middle and high schools within Good Samaritan Hospital's PSA.

TYPE: Education and Counseling

PARTNERS: NAMI DuPage, PSA middle and high schools

BACKGROUND ON STRATEGY

Evidence of effectiveness: Good Samaritan Hospital will identify and conduct outreach to middle and high schools for NAMI DuPage's ETS program. ETS helps raise awareness and changes perceptions around mental health conditions. The program is geared toward middle and high school students and focuses on decreasing the stigma around mental health conditions through a 50-minute presentation, which includes a presentation from a young adult living with mental illness. Although ETS is not currently an evidence-based program, NAMI DuPage is working with the University of Hartford to complete the best practice certification process for the ETS program. NAMI will submit an application/report to Substance Abuse and Mental Health Services Association (SAMHSA) for ETS best practice certification by September 2018.

SHORT TERM INDICATORS

Process Indicators	Annual Targets by December 31		
	2017	2018	2019
1. Number of Ending the Silence classes	13 classes/year	15 classes/year	15 classes/year
2. Number of adolescents that participate and complete the ETS programs	200 adolescents	200 adolescents	200 adolescents
3. Number of schools that host the ETS program	2 schools	2-3 schools	2-3 schools

Impact Indicators	2017	2018	2019
1. Percentage of ETS participants that report they know the warning signs of mental illness (NAMI baselines consistent with current targets)	85% of participants	85% of participants	85% of participants
2. Percentage of ETS participants that report feeling more comfortable talking about mental illness	60% of participants	60% of participants	60% of participants
3. Percentage of ETS participants that report learning new information about mental illness	70% of participants	70% of participants	70% of participants

STRATEGY #2: Provide mental health first aid (MHFA) to hospital associates and staff of community organizations/businesses serving the Good Samaritan Hospital’s PSA.	TYPE: Counseling and Education
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PARTNERS: Community organizations, churches and local businesses

BACKGROUND ON STRATEGY
 Evidence of effectiveness: Mental Health First Aid USA is an international evidence-based program managed, operated and disseminated by the National Council for Behavioral Health, the Maryland Department of Mental Health and Hygiene, and the Missouri Department of Mental Health. It is an 8-hour training that gives people the skills to help individuals who are developing a mental health problem or experiencing a mental health crisis. The evidence behind the program suggests that it builds mental health literacy and helps the public identify, understand and respond to signs of mental illness. www.mentalhealthfirstaid.org (click here)

SHORT TERM INDICATORS

Process Indicators	Annual Targets by December 31		
	2017	2018	2019
1. Number of mental health first aid trainings	1-2 trainings	1-2 trainings	1-2 trainings
2. Number of community partners attending training	15 partners	20 partners	25 partners
3. Number of hospital associates and employees attending training	15 associates & employees	15 associates & employees	15 associates & employees
Impact Indicators (MHFA experience used to establish targets.)	2017	2018	2019
1. Percentage of MHFA participants that report they recognize the signs that someone may be dealing with a mental health problem or crisis	85% of participants	85% of participants	85% of participants
2. Percentage of MHFA participants that will agree or strongly agree that they feel more comfortable listening to someone in distress	80% of participants	80% of participants	80% of participants
3. Percentage of MHFA participants that will agree or strongly agree that they are aware of their own views or feelings about mental health problems and disorders	85% of participants	85% of participants	85% of participants

STRATEGY #3: Collaborate in a collective impact model with DuPage Health Coalition, DuPage County Health Department, DuPage Federation on Human Services and other DuPage County hospitals to explore effective methods of addressing mental health crises in DuPage County.	TYPE: Clinical Intervention; Changing the Context
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PARTNERS: DuPage Health Coalition, DuPage County Health Department, DuPage County Hospitals

BACKGROUND ON STRATEGY
Evidence of effectiveness: Kania and Kramer in a 2011 article on Collective Impact in the Stanford Social Innovation Review define the components that distinguish collective impact work from ordinary collaborations: a centralized infrastructure, a dedicated staff, and a structured process that leads to a common agenda, shared measurement, continuous communication and mutually reinforcing activities among all participants. Preliminary research suggests that this approach is more successful than isolated interventions, especially when dealing with complex problems such as poverty, lack of education, racism and other social determinants.

SHORT TERM INDICATORS

Process Indicators	Annual Targets by December 31		
	2017	2018	2019
1. Number of mental health crisis intervention program site visits	2-3 site visits	1 site visit	0 site visits
2. Number of meetings with the collaborative	3 meetings	3 meetings	3 meetings
3. Number of identified mental health crisis best practices that would be most effective in DuPage County	1-2 best practices	N/A	N/A
Impact Indicators	2017	2018	2019
1. Selection of a mental health community treatment/ intervention program identified by the collaborative as effective for the DuPage County community	N/A	1 program	N/A
2. Number of community partners identified to provide the most effective mental health crisis treatment and resources to the DuPage County community	TBD	TBD	TBD
3. Create, develop or enhance a mental health crisis intervention program in DuPage County	N/A	N/A	1 program

STRATEGY #4: Provide a 90-minute mental health training for Emergency Department (ED) staff and physicians.	TYPE: Counseling and Education
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PARTNERS: NAMI DuPage

BACKGROUND ON STRATEGY
Evidence of effectiveness: This 90-minute mental health training is tailored to ED physicians and staff. The training discusses signs of a mental health crisis, mental health programs and resources in the community, and includes two guest speakers with mental health issues. This specific training is not evidence-based but is a condensed version of the 8-hour Mental Health First Aid training, which is evidence-based. The training will be implemented by NAMI DuPage for Good Samaritan Hospital ED physicians and staff.

SHORT TERM INDICATORS			
Process Indicators	Annual Targets by December 31		
	2017	2018	2019
1. Number of trainings	1 training	1 training	1 training
2. Number of ED physicians and staff that attend each training	15 physicians and staff	20 physicians and staff	20 physicians and staff
Impact Indicators	2017	2018	2019
1. Number of participants who agree or strongly agree that they can identify signs of a mental health crisis	Baseline Established	TBD	TBD
2. Number of participants who agree or strongly agree that they feel more comfortable addressing a mental health crisis	Baseline Established	TBD	TBD
3. Number of participants who agree or strongly agree that they are more aware of community resources/ organizations that address/specialize in mental illness	Baseline Established	TBD	TBD

STRATEGY #5: Support NAMI’s teen recovery support group through providing a Good Samaritan Hospital mental health counselor to facilitate group discussions.	TYPE: Counseling and Education; Long Lasting Protective Intervention
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PARTNERS: NAMI DuPage

BACKGROUND ON STRATEGY
Evidence of effectiveness: NAMI’s teen recovery support group will be a free, clinician-facilitated support group for youth living with mental health conditions. Youth will gain insight from hearing the challenges and successes of other teenagers. Facilitated peer support groups complement other aspects of a person’s comprehensive recovery journey. The recovery support group will follow a structured model to ensure everyone in the group has an opportunity to be heard. The groups will meet on a weekly or bi-weekly basis. Recovery support groups have proven to help participants identify strengths and empower them to recognize that there are multiple pathways to recovery <http://www.advocatesforyouth.org/publications/publications-a-z/1856-peer-programs-looking-at-the-evidence-of-effectiveness-a-literature-review> (click here). During 2017, NAMI will complete the final details on the teen recovery support group structure in preparation for implementation in 2018.

SHORT TERM INDICATORS			
Process Indicators	Annual Targets by December 31		
	2017	2018	2019
1. Number of Good Samaritan Hospital mental health counselors approved to facilitate the youth peer support group	1 counselor	1-2 counselors	1-2 counselors
2. Number of support groups facilitated by Good Samaritan Hospital Mental Health Counselor	0 support groups	2-4 support groups	2-4 support groups
3. Number of Good Samaritan Hospital facilitated support group participants	N/A	Establish Baseline	TBD
Impact Indicators	2017	2018	2019
1. Percentage of participants who attend at least one-half of group sessions	N/A	Establish Baseline	TBD

ALIGNMENT WITH COUNTY/STATE/NATIONAL PRIORITIES			
Strategy	County IPLAN	SHIP (State Health Improvement Plan)	Healthy People 2020
1-5	Mental health was selected as a health priority for the 2015 Impact DuPage County Assessment	The SHIP for Illinois prioritizes behavioral health, with specific goals around: 1) community treatment and interventions versus Emergency Department (ED) treatment and; 2) increasing behavioral health literacy and decreasing stigma	Healthy People 2020 has multiple goals around mental health to: 1) increase the number of adults (aged 18 and older) with serious mental illness who receive treatment; 2) reduce the number of adolescents aged 12-17 years who experience major depressive episodes; and 3) reduce the suicide rate

Advocate Good Samaritan Hospital has developed this implementation plan to meet a prioritized need identified through a community health needs assessment process. The hospital may refocus resources if necessary to best address the needs of its community.