

# The Spa

## at Good Shepherd Health and Fitness Center

Whether you are looking for a new look by one of our seasoned hair stylists, find relief in the Chinese practice of acupuncture, seek refuge in a relaxing massage or rejuvenation of your skin by one of our estheticians, we are here for you.

### Hair

	Starting At
Men's Haircut	27
Women's Cut & Style	55
Women's Blow Dry	35
Below Shoulder Blow Dry	40
Kid's Cut 10 & Under	25

Color Services	
Single Process	50
½ Head Highlights	60
Full Head Highlights	110

Special Services	
Perms	85
Special Occasion Updo	60

### Massage

	Member	NonMember
Swedish*		
30 minute	45	55
60 minute	75	85
90 minute	105	120

Deep Tissue*		
30 minute	50	60
60 minute	80	90
90 minute	110	125

Medical Massage		
30 minute	60	60
60 minute	90	90
90 minute	125	125

Hot Stone 75 min	120	130
Cranial Sacral Treatment, 60 min		
	85	95
Chair Massage	20	25

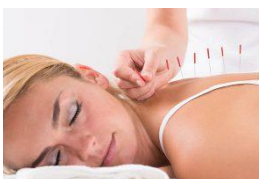
\*Massage Package Pricing Available

### Airbrush Tanning

Full Body	47	55
½ Body	23.50	27.50

### Acupuncture

One Session	100	100
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### Waxing & Threading

	Member	NonMember
Lip	15	20
Eyebrows	15	20
Chin	15	20
Underarms	15	20
Legs(lower)	35	40
Legs(full)	65	70
Arms	35	40
Back	50	55
Bikini	30+	35+
Brazilian	75	80

### Nail Services

	Member	NonMember
Manicure		
	21	25
DazzleDry Manicure	21	25
French Manicure	30	35
No Chip Manicure	35	40
Removal Dip/Gel	15	15
Pedicure	40	45
French Pedicure	45	50
Lomi-Lomi Pedicure	45	50
Paraffin Add On	5	5
Paraffin Only	15	15
Paraffin		
Hands & Feet	25	25
Color Change Hands	15	15
Color Change Feet	18	18
Men's Manicure	18	22

### Esthetics

Spa Facial	90
PCA Peels	130
Jessner, Sensi or Ultra Peel	
PCA Therapeutic Mask Add On	35
PCA Therapeutic Mask Only	60
Hydradermie Eye Lift	45
HydraFacial MD	
30 minutes	105
50 minutes	175
80 minutes	225
HydraFacial MD Add Ons	
CTGF Growth Hormone	50
Neck & Decollage	30
Lymphatic Drainage	35